



Breaking Wind



The Newsletter of Frensham Pond Sailability

Volume 10 Issue 3

www.frenshampondsailability.org.uk

Winter 2018/19

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A Note From The Chairman

Ivor Barrett, Chairman Sailability Management Committee



I hope you all had a very enjoyable Christmas and New Year and are looking forward to the new sailing season which starts on Thursday 4th April.

Last year was very successful on all counts both home and away. We welcomed 36 new sailor members during the season, ending the year with 119 sailors, 38 of whom were under 19 years of age. Between them, they sailed on a little over 2000 occasions, ably supported by just over 100 regular helpers.

After having to cancel the Youth Fun Day in 2017 due to rain and high winds, the event last year was blessed with good weather enabling all the youngsters (and those not so young) to have a superb day.



We were also able to field 3 teams for the Club 10 Hour Race at the end of June with the Liberty team achieving 2nd place overall. Hopefully, we will be able to achieve even greater success in this race in 2019.

As a result of our Thursday afternoon race training sessions led by John Townsley and Peter Fitzpatrick, FPS has been represented and achieved very successful results at ten off-site events in the UK and the Hansa World Championships in Hiroshima, Japan. Details of these successes are covered in articles elsewhere in this newsletter.



We are encouraging more sailors to participate in these events but to provide adequate support we also need more tow-car drivers and helpers. Most events are simply a day trip but several may involve nights away. These activities provide excellent sailing experience on different waters and are very sociable for sailors and helpers alike. If you can help in any capacity, please get in touch.

Four very successful social events were held in 2018. Apart from the annual Fitting Out Supper, Summer BBQ and Laying Up Supper, we also ran a very enjoyable Race Night (organised by Kate Whyatt) to raise funds to help our sailing contingent travel to Hiroshima for the Hansa Worlds.

Last November, we announced that Carol Clibborn was sadly retiring from Sailability. As you all know

Carol has been instrumental in organising our social calendar for many years and for keeping us well-fed on Thursdays. She will be greatly missed. Whilst we realise we are very unlikely to find a “new Carol”, we are continuing to look for new volunteers to help organise our social events and help in the galley so, if you feel you could help in these areas, please do get in touch.

Last November we held the Annual Forum which was attended by nearly 60 sailors and helpers. The review of the year presented by the members of the management team was followed by a short but lively discussion by the members.



Finally I would like to thank all sailors and helpers for making 2018 such a successful year. We hope 2019 will be equally successful or more so. We are organising some training sessions in March for helpers so watch this space.

SPECIAL THANKS: Before you read on, I would especially like to thank our editor, Peter Etherton, for compiling “Breaking Wind” since its inception 10 years ago. Peter has done a tremendous job over this period chivvying us to ensure we deliver suitable copy to him to meet the deadline, then putting the newsletter together, correcting our spelling and grammar so that it is always a very professional-looking and enjoyable publication.

Peter has now decided it is time to put down his pen (or electronic equivalent) and have a well-deserved rest. You should all know what’s coming now! If anyone would like to take on the role of editor, just get in touch.

The 8th Annual Sailability Forum

The sailor and helper members were joined by special guest Phil Alexander, President of the Lions Club of Farnham, who presented the Farnham Lions Endeavour Trophy and other trophies, see page 3.

Highlights of the Year:

Sailing:

- Minimal interruption of Thursday and Saturday sailing sessions due to adverse weather
- 3 Hansa teams competed in FPSC 10-hour race

- More sailors attending sailing events in UK supported by Frensham helpers
- 3 Frensham sailors + supporting team at Hansa World Championships in Hiroshima, Japan

Farnham Sports Council Awards:

- Mayor of Farnham’s Award - Alan Johnson
- Sporting Inspiration Award - Michael Everitt
- Sports Personality of Year Category - Highly Commended – Maureen Aldridge
- Under-18 Sports Personality of Year Category - Highly Commended – Harry Kennington

Haslemere Sports Awards:

- Sport Award for Disabled - Tessa Watkiss

Equipment and Facilities:

- Two new Hansa 303s and one 3-boat road trailer
- Completion of car park pathways

Social:

- 4 successful events – Fitting-Out Supper, Summer BBQ, Night at the Races, Laying-Up Supper.

Bridget Woodhouse was kept busy at the Forum by strong demand for FPS Christmas cards.



The 2018 entries for the Christmas card design competition were won by the following:

- The reindeer being pushed by Santa along the jetty was designed by Janice Booth
- The Snowman was painted by Archie Puffin, a young student from Stepping Stones School
- The Hansa 303 was painted by June Woolley, one of our sailors

A total of £465.00 was raised and the cards were so popular that we sold out in 2 hours. Special thanks go to FPSC member Hugh Speirs at Cauliflower Cards, Bordon (<https://www.cauliflowercards.co.uk>) for making it all possible.

Fundraising News

Brian Grimwood, FPS Trustee responsible for fundraising



A big thank you to all our supporters for making 2018 another very satisfactory year from a fundraising viewpoint.

£28k(68% of our total income) was raised, matching a capital spend of the same amount – two Hansa 303 dinghies (£14k), an additional Hansa road trailer (£1.5k) and the very welcome new access footpaths for the carpark (£9k).

As previously reported, during 2018 we were delighted to agree two longer term sponsorship arrangements for our Hansa fleets. Firstly, for our 303 fleet, with long term FPS supporter, **COINS Foundation**, and, secondly, for our 2.3 fleet, with new supporters, **Cecil & Hilda Lewis Charitable Trust**. We look forward to developing our relationship with both organisations.

I am pleased to say we have two Hansa 303 boat replacement launches to look forward to at the start of the 2019 season, thanks to generous donations from **Farnham Hedgehogs** and the **Lions Club of Fleet**. We look forward to popping a cork or two with our Hedgehogs and Fleet Lions friends at the launches, hopefully in early April. Very many thanks to all who helped in 2018 and very best wishes for 2019.

Youth Group News

Lisa Skirrow, FPS Youth Group Coordinator



The Saturday youth group had a busy season in 2018 with the numbers up to 15 sailors on some mornings, so for the 2019 season there are going to be two sessions.

The youth group will meet at 9.45am for 10am on the water and a follow on group will meet at 10.45am for an 11am sail, taking the 2.3's after the youth group.



Hopefully this will mean that the older members of the youth group will still be able to sail in company, enjoying the friendships that they have made in the group and the youth group will be able to concentrate on training newer sailors to sail independently.

We will still need young helpers to lead the youth group and sail as buddies if necessary, and helpers to lead the activities for the follow on group. Also for the 2019 season we have a youth fun day planned, a youth regatta in conjunction with the youth classes at the main club, and hopefully some of the group will take part in the 10 hour race again, which was great fun last year

The Wisley Endeavour Trophy

Bridget Woodhouse, FPS Schools Coordinator

The Wisley Endeavour Trophy was awarded at the end of this season to Gavin Nelson of Stepping Stones School.

Gavin showed his enduring enthusiasm to achieve many certificates, which had such a positive effect on the group that come regularly on Thursdays.



These budding young sailors sometimes turn that crucial corner and really start wanting to hone their sailing skills.

Farnham Lions Endeavour Trophy

Brian Grimwood, FPS Trustee

The 2018 Farnham Lions Endeavour Trophy was presented at the Forum to Yvonne Spencer by the President of the Lions Club of Farnham, Phil Alexander.



Now in its 16th year of presentation, it is awarded to sailors who have demonstrated commitment, achievement and endeavour throughout the year.

Yvonne has been sailing at Frensham for several years, but until this season always with a buddy. Her clearly stated ambition for 2018 was to go solo! This was achieved early in the season.



As the year progressed, Yvonne gained confidence in increasingly challenging weather conditions, and successfully worked through RYA Achievement standards. In 2019, Yvonne will be going for Gold! Well done Yvonne – a very worthy winner.

Farnham Sports Council Awards

Michael Buttler, FPS PR & Communications Officer

Farnham Sports Council organise an annual awards scheme for sporting volunteers, individuals, teams and clubs. This year's event took place on 8th October at Farnham Rugby Club. David Gill, the Chairman, said that this year's awards reached new heights for the quality and quantity of nominations.

Four members of Sailability were presented with awards. Alan Johnson was the recipient of the Mayor of Farnham's Award for his outstanding contribution to community sport. Alan has been involved with Sailability since it started.



Michael, Maureen and Alan with their Awards

Maureen Aldridge was Highly Commended Sports Personality of the Year. Michael Everitt won the Sporting Inspiration Award. Michael became Champion of Champions at the RYA Sailability Multiclass Regatta held at Rutland Sailing Club.

Harry Kennington, one of Sailability's leading youth sailors, won the Highly Commended award in the Under 18 Sports Personality of the Year category.



Haslemere Sports Awards

Michael Buttler, FPS PR & Communications Officer

The Haslemere Sports Awards took place on 19 September at Haslemere Hall. The Sports Award for the Disabled was presented to FPS sailor Tessa Watkiss. Tessa recently celebrated a "significant" birthday with a personalised "Liberty" cake!



FPS Laying Up Supper

Paul Phillips, FPS Sailor & Trustee

For her "last" supper Carol and her wonderful galley crew served up an excellent meal for a good turnout of sailors and helpers. This time the focus was on the recent Hansa Worlds in Japan, with Ivor and Kate giving an informative presentation on touring round the country and also the event itself.

Table decorations in the form of paper cranes made by Claire Samuel added to the occasion.



They are a poignant symbol of Hiroshima's past as a child pledged to make 1,000 paper cranes in the hope of surviving the after effects of the Atomic Bomb. Unfortunately that bid was unsuccessful but ever since, children from around the world have made them and sent them to Hiroshima where they are displayed.

Carol Hangs Up Her Apron

Brian Grimwood, FPS Trustee

It is a huge 'thank you' time to Carol Clibborn. At the end of last season, after 13 highly committed years, Carol decided it was time to step down from her multifaceted roles as galley manager/helper, social secretary, event organiser, clothing organiser etc. etc!



Carol's contribution to Sailability's successful development at Frensham cannot be overstated. The Galley and Clubroom socialising have always been an essential part of the Sailability experience.

Apart from leading the galley team most Thursdays, Carol undertook an enormous amount of off-site work such as food ordering, pre-cooking & preparation, particularly for one off events such as Frensham Hansa Nationals & TT meetings and social events such as the BBQs, Laying Up & Fitting Out suppers.



She has of course been supported by her wonderful galley team members but Carol has been the driving force. We wish Carol and Nick well for the future.

N.B. Carol's 13 year 'production' numbers (writer's 'guesstimates'!)

14,446!! – number of Thursday lunchtime filled rolls

3,152!! – number of sit down hot meals

Competition News

Peter Etherton, FPS Hansa Class Captain

Thursday Race Training: Several new sailors joined the Development Group and they responded well to Peter Fitzpatrick's tuition with some entertaining racing.

The series winner was Keith Warburton, sailing well enough in his first ever season to hold off Michael Jordan in 2nd place.



Having inherited the advanced racing group from Nick Clibborn, John Townsley wasted no time in taxing and honing their racing skills with his own brand of fiendish drills and exercises on the water.

The racing was as close as ever but the clear winner was James Woosnam, who finally broke the monopoly established by Paul Phillips over the past 5 or 6 years.



Richard Smallwood Trophy: this is presented to the overall winner of 2 mini-regattas contested by both race training groups, with helpers adding to the fray.



Michael Everitt won the first regatta and finished his successful season with a win in the second. The Ethertons took 2nd place with Martin Renouf 3rd in a 2.3.

Hansa World Championships

Kate Whyatt, FPS Sailing Captain

Three of our sailors, Paul Phillips (Liberty), Margaret Foreman (303 1 person) and Lindsay Burns (2.3) travelled out to Japan to compete in the Hansa World Championships in Hiroshima, Japan in October 2018.

The sailors were supported by Ivor Barrett, Kate Whyatt, Claire Samuel and Andrew Foreman, all of whom worked tirelessly to support the Frensham and GB teams. Tessa Watkiss also travelled to Tokyo with her carer Danielle, but due to medical issues had to return to the UK without sailing – a great disappointment for Tessa and the FPS team.

Paul shipped his Liberty to Hiroshima in a bright pink container while Margaret and Lindsay were lucky enough to have the use of brand new boats for the week.



For most of us there was a large element of sightseeing either before or after the Championships when we were able to visit Mt Fuji, Kyoto, temples, islands and gardens where we were able to gain a glimpse of Japanese culture, both ancient and modern. We travelled on the bullet train, 'Shinkansen', at up to 300 km/hour, saw Geisha girls

in Kyoto, and visited the Peace Park in Hiroshima, established just after the A-bomb was dropped on 8th August 1945 at 8.15 am. My memory is of an amazing country with friendly people who always seemed keen to help.



The Great Torii of Miyajima

The A-Dome Hiroshima

There were a total of 7 sailors representing GB at the Championships and it was great to be a team and to see the support everyone gave each other. The World Championships were held over a week and were well organised with many local helpers who would launch and recover boats, help to rig, and interpret where necessary.



Andrew, Margaret, Claire, Kate, Ivor, Paul & Lindsay



Each country was assigned an interpreter and GB was lucky to be allocated Akko who looked after us exceptionally well. The excitement for him that week was a ride in the support RIB to watch the racing from the water as he had never been in a boat before!

The weather was warm but the wind was variable and at times too light to sail, though by the end of the week all classes had managed to sail enough races for a meaningful result.



The Frensham sailors did really well with Paul 13th / 33 in the Liberty fleet, Margaret 18th / 43 in the 303 1 person fleet, and Lindsay an impressive 2nd / 19, thus winning the Silver Medal for the 2.3 class. All class

racing was very competitive and the success of our sailors reflects the commitment and professionalism of our Thursday afternoon coaches at Frensham. Thank you to everyone who helped to make the trip fun and successful, and congratulations to all our sailors who did so well in such stiff competition.

Pond Life...



Steve Wooding took this photo of a hot air balloon buzzing a 2.3 as it made a low level pass over the pond.

Sean demonstrates his unique technique for moving boats between jetties. Not quite as documented in the Op Manual so don't try this at home



SOME DATES FOR YOUR DIARY

FEBRUARY:

10TH – SAILABILITY/SWIMABILITY LUNCH

MARCH:

21ST – FITTING OUT (WORKING PARTY) DAY

29TH – FITTING OUT EVENING (FISH & CHIP SUPPER & A QUIZ)

APRIL:

4TH – FIRST SAILABILITY THURSDAY

6TH – FIRST SAILABILITY SATURDAY

17TH – FRAMPTON TT

27TH – WHITEFRIARS TT

MAY:

8TH – NEW FOREST TT

11-12TH – FRENHAM 2.4 OPEN

22ND – CARSINGTON TT

JUNE:

5TH – NOTTS COUNTY TT

15TH – OXFORD TT

29TH – FPSC 10 HOUR RACE

Over But Not Out (Yet...)

As noted on Page 2 (thank you for the kind words Ivor!) this is my last issue as Editor. After 10 years & 35 editions of "Breaking Wind" I am totally deflated! For newer readers the title is actually derived from scientific research into "microscale breaking wind waves"- these induce aqueous surface layer flows which can reduce drag on a boat. So breaking wind really can make your boat go faster! A big thank you to all the contributors over the 10 years and to Tony Machen for his large collection of high quality photos.