

## Fitting out for 2010

TUESDAY 20TH APRIL WAS a busy day at the Rotary Boathouse.

It was time to prepare the fleet including the safety boats for the 2010 sailing season. Putting the fleet into the building was a difficult task as the space was only just adequate for all our boats and equipment, including the life jackets and sailing gear.

As usual a large working party was present to help get the boats out of the boathouse and prepare them for the first day of sailing. All the hulls were cleaned and polished before the masts, and rigging was fitted. Some new or modified fittings have been installed and it is hoped that the improvements will make sailing easier.



Cleaning and polishing the hulls



As some of our dinghies have been in use for 5 years the level of repairs is increasing and although we budgeted for expenditure of £3,000 in the current year this sum is likely to be exceeded. As we go to press we have spent £2,993 and we are planning some more modifications to the dinghies.



The Rotary Club of Dereham Access 303 is moved from the storage rack to its launching trolley



Checking the Squib

Our squib spent the winter on its road trailer and needed some TLC to make it ready for the start of sailing.

A new bow bag to improve buoyancy was installed and inflated and the boat is now on its mooring and ready to take members for a sail. We also have a second keel boat and when suitable skippers are available we can get even more - can't

members who need the larger boat, out on the water.

The extra vessel is on loan from Jackie Soards , a new boat for you to try out!

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### Sponsor for this edition

We are grateful to John and Gill Page who have sponsored this edition of Newsability.

If you would like to sponsor this publication and at the same time promote your business please contact us.

## The East Anglian Regional Conference of the MS Society

THE 2010 CONFERENCE OF the Multiple Sclerosis Society was held at the Ecotech Centre, Swaffham on Saturday 26th June 2010.

Waveney Sailability was asked to attend and our display boards attracted considerable interest at the event that had the title '....a full life!' Although many of those attending the conference were not close enough to benefit from our sailing activities there was considerable interest in RYA Sailability. Our DVD *The Right to Sail* was running on the laptop and a copy was presented to



the Society to use for promotional purposes and to encourage members to consider sailing as a hobby.

## World Cup Inspires a "Bake In"

THE STAFF OF ESSEX & SUFFOLK WATER put their cake making skills to work to raise funds for Waveney Sailability.

To add interest to their efforts the names of the World Cup teams were put into a hat and each department had to pick out a country.

Vivian Grimmer, daughter of our member Renate Dyer, encouraged her work colleagues to make and then sell the cakes to the staff at the local office in Rectory Road, Lowestoft. To increase the interest and make the event more interesting the staff were challenged to make cakes that were traditional to the country that they had picked from the hat. The idea attracted considerable interest and the our funds were able to benefit from the £90 of sales.

*Cont.*



*Vivian Grimmer presents Chairman Richard Morling with the proceeds of the "Bake In"*

It is a great encouragement to see more and more organisations, individuals and businesses helping us with our work and as reported below the financial benefits are considerable.

## Great Yarmouth Round Tablers helps Waveney Sailability



PHIL HARLOW visited us earlier this year to hand to Chairman Richard Morling a cheque for £1,000 from their charity ball.

We were represented at the event held at the Ocean Rooms, Gorleston, by John and Sue Goodwin and we are extremely grateful to Phil and all his colleagues for making us the beneficiaries of the ball. A number of our members, including some of the directors, are former Round Tablers and were delighted to see the organisation continuing its work for local charities

## Member makes donation from the estate of her late mother

PAT PETERS WHO is a regular helper and supporter had always talked to her mother about the activities of this Charity.

Following her mothers death Pat decided that we should receive a donation from the estate and earlier this year we

received a cheque for £1,000. Thank you Pat for remembering us, it will be well used; we hope you will enjoy seeing the members benefit from your generosity.

## Rotarian Sailors help Waveney Sailability

ONE OF OUR HELPERS, Rotarian Brian Ollington, is the Commodore & Fleet Captain of the International Yachting Fellowship of Rotarians - Broads Fleet. At the *Clubs Rigging Out Supper* held at the Royal Norfolk & Suffolk Yacht Club the proceeds of the raffle were donated to our funds.

## Foresters make a Generous Donation

OUR CHAIRMAN RICHARD MORLING is a member of The Independent Order of Forester and has encouraged his colleagues to help us with some financial support. We are grateful to Richard and his fellow Foresters for their donation of £2,200. We hope that some of the members of the organisation will find time to visit us during our current sailing season.

## Other donations help swell our funds

ALTHOUGH WE HAD expected the financial recession to make it more difficult to raise funds we are pleased to report a good start to 2010.

In addition to the donations reported on this page we have received other contributions from various individuals and organisations. Essex Community Foundation contacted us in February and in March we received a donation of £250. The Inner Wheel Club of Lowestoft, who sponsored our road trailer a few years ago sent us a cheque for £100.

Norfolk County Council made a donation of £2,000 being a Community Care Stroke Grant. The Raffle at the Original Factory Shop in Wrentham raised £795, many thanks to store manager Christine Rushworth, her work colleagues, and the customers for their hard work on our behalf.

Our Chairman Richard Morling took part in the Rotary Club of Great Yarmouth Spring Charity Broadland Walk and we were his nominated charity - this boosted our funds by £363.

Just before we started sailing we wrote to the companies, individuals and organisations that sponsored our Access dinghies asking them to help with the annual running costs of their boat. We are delighted to be able to report that so far we have received 5 donations of £250. Our thanks to those who have continued their support.

## Rotarians and Guests raise £1,000



On Sunday 18<sup>th</sup> July the Rotary Club of Gorleston-on-Sea held an Afternoon Tea Party in the gardens at 'Tally-Ho', Hopton, the home of John and Jan Jary. Over 75 people attended the event. Five days before the event the band, who had agreed to perform, had to pull out because of illness of the leader. A jazz quartet, made up of Lynn Grove High School members of staff, stepped in at the very last minute and entertained those attending. The weather was kind and the event was a great success with £825 being raised for Waveney Sailability.

During the afternoon a cheque for £100 was donated to Waveney Sailability with the understanding that the donors wished to remain anonymous. On Sunday August 1<sup>st</sup> the Rotary Club were present at the Gorleston Clifftop Gala publicising the Rotary Club and Waveney Sailability. As a result an additional £75 was collected in a Waveney Sailability container bringing the total amount raised to £1000.

The photograph shows Sunder Gopaul, President of the Rotary Club of Gorleston-on-Sea handing over a cheque and the contents of a Waveney Sailability container to Chairman Richard Morling, with John and Jan Jary, Mike Getvoldsen and Colin McManus. John, Mike and Colin are all members of Gorleston R.C. and give strong support to Waveney Sailability – John out on the water as a sailing instructor, Mike on the pontoon helping members in and out of the dinghies, whilst Colin is the Club's Fundraising Director.

## Training for all

CHARITY TRUSTEES ARE responsible for all aspects of a charities activities and if they fail in their duty of care they could be liable to penalties.

As part of its ongoing training of all those who help or manage Waveney Sailability a special Trustees Training course was held at Parkhill Oulton in early May when SM Associates Ltd guided the Trustees in the responsibilities placed on them by the Charities Acts. *Cont..*

## Training - continued

Part of the cost was covered by RYA Sailability who gave us a grant of £250.

If we are to operate safely and efficiently all those who are involved in our weekly sailing sessions must be adequately trained and to this end several helpers have completed courses organised by Suffolk County Council Oulton Broad Water Sports Centre. If any readers of this newsletter would like to help us on a regular basis but feel they need some training why not come and talk to one of our RYA Instructors.

We always need more sailing instructors and safety boat drivers.

## Rebecca is selected for a special award scheme

WE ARE DELIGHTED to report that our regular helper Rebecca Moore has been selected to attend the 2010 Rotary Youth Leadership Award (RYLA) course.

Before starting her university studies Rebecca will take part in this well respected training course with around 70 other young people. The Rotary Club of Lowestoft East Point selected Rebecca and the club will pay the full cost from their Charitable trust funds. We wish Rebecca good luck on this challenging course and hope to get a report from her for a later edition.

## Health Club members help Waveney Sailability



## Fit to Give at Bannatyne's

In his 10 tips for a happier healthier life Dr John Briffa recommends that random acts of kindness are good for the giver and the receiver. The members and staff of Bannatynes Health Club exercised their generosity when the Sailability Tombola was in their club lounge for 2 days. Not only did they donate prizes, but they raised over £400 and took the opportunity to talk to members of the Sailability crew and find out about the work of the organisation which provides sailing opportunities for people with disabilities at Oulton Board.

'It was great fun being in Bannatyne's for 2 days *Cont..*

people were very kind and interested in Sailability and several said they will come to Oulton Broad on a Tuesday afternoon and see us in action', said Pat Peters a volunteer, shown here with John Walker the manager of Bannatyne's who donated several prizes.

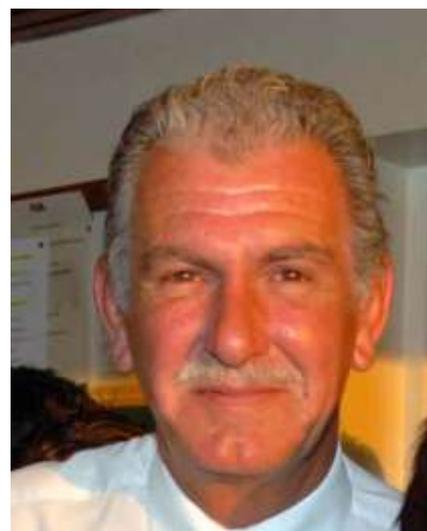
## Obituary

WE ARE SORRY TO have to report the loss of several good friends.

In May sailing member Colin Hood died and in July Phil Plant Commodore of the Waveney and Oulton Broad Yacht Club died. We send our deepest sympathy to the friends and family of Colin and of Phil. They will be missed by all those who are involved in Waveney Sailability.



Colin Harold Alfred Hood  
1929 - 2010



Phil Plant Deceased

Just as we were going to press we were very sorry to learn of the death of one of our first supporters and helpers David Brooke who died on Sunday 7th August. We send Mary and the family the condolences of all at Waveney Sailability.

## Ashes scattered on Oulton Broad

A FEW WEEKS AGO the family of our sailing member the late Joe Smith gathered at Oulton Broad when our squib was used to scatter his ashes on Oulton Broad.

Joe had greatly enjoyed his sailing experiences and his family wrote to us to express their thanks for making his last few years so enjoyable. They said "thank you for all you have done (and still do) for my Mum & Dad... You made the last few years of his life happy and worthwhile. Had he still been living in Essex he would not have had the opportunities you provide and Mum would not have made such good friends"

We all miss Joe and send our condolences and good wishes to all the family

## Rain storm fails to halt Barbeque



Chris and Spencer still cooking despite the storm - Photo by Bob McCartney.

OUR ANNUAL SUMMER barbeque was held at the Waveney & Oulton Broad Yacht Club on Saturday 7th August.

Every few years the weather does its best to disrupt the event and this year it tried even harder. We started the afternoon with darkening skies but our good friends Roger and Joan Harrod had provided the marquee as well as tables and chairs and with the covering outside the clubhouse around 100 helpers and guests were able to avoid the rain.

However our regular cooking team of Chris Addison and Spencer Green were less fortunate. Canvas and plastic are not a good shelter for a red hot barbeque and they each held an umbrella in one hand and a pair of cooking tongs in the other as the storm hit. The thunder and lightening could not deter the dedicated duo who completed their task and provided us all with some excellent food. We also enjoyed the -cont

salads, jacket potatoes and desserts all provided by supporters and those who attended agreed it was another good event. As usual we had a raffle with all the prizes donated by supporters; a useful financial surplus will help with the annual running costs.

## Rain also fails to stop fund raising event



UNDETERED BY RAN and high winds Barbara Badger ran her mini fete inside her house instead of her garden. What might have been a wash-out was turned into a fun event by Barbara's determination to raise money for Waveney Sailability, which is her Club's charity for this year. Her friends and members of the Oulton Village Ladies Friendship Club were there to give Barbara support and together they raised £250. Members of Sailability were also there to give support. The contribution to our funds was a great achievement on a wet and windy day.

## Our fund raising Director moves south



COLIN MCMANUS our fund raising director (pictured above) is moving to the south coast.

Colin and his wife Margaret have sold their home in Bradwell and have purchased a new home near to their daughter, her husband and grandson Joseph. We wish them well in their new home and are very grateful for all the work that Colin has done for us since he was (continued)

appointed a director/trustee in December 2005.

Colin has raised many thousands of pounds and his experience in completing grant applications has helped us to increase the size of the fleet, purchase equipment and complete the Rotary Boathouse project. Many thanks Colin for all your hard work, your fellow trustees will miss your outstanding contribution to the work of Waveney Sailability.

If any readers of this newsletter can help us find a suitable replacement please contact any of the other trustees or telephone 01502 56458.

## Members visit Levington Marina

A GROUP OF MEMBERS travelled to Levington Marina for the *Open Weekend in Suffolk*.

Jackie Soards booked a coach and arranged pick-up points in Great Yarmouth, Gorleston and Lowestoft. The coach arrived exactly on time at 11.30, Bob was impressed with the special hoist that lifted him into the coach and all agreed the arrangements were first class.

The visitors were greeted by Bill Smith and his wife Patricia; some of our members went out for a sail at 12 noon but there was not much wind. The estuary was busy and the cranes at Felixstowe and Harwich were clearly visible. After an excellent buffet lunch the remaining members went onto the water, the sun was shining but there was still very little wind.



Enjoying the day at Levington  
Continued on page 5

## Visit to Levington continued

Although the wind did not make for exciting sailing all agreed it was an excellent day out.



The people at East were so friendly, helpful and eager to build a relationship with us. As the photographs from Richard Morling show it was a good day out for some of our members.

## Weekly Racing continues to attract more sailors

OUR INSTRUCTORS have continued with the racing at most sailing sessions and the Spring Series was completed in June.

The results for the series are as follows:

<b>1st place.....</b>	Tony Barks
<b>2nd place.....</b>	Steve Sims
<b>3rd place.....</b>	C J Head
<b>4th place.....</b>	Keith Ferridge
<b>5th place .....</b>	John Goodwin
<b>6th place.....</b>	Bob McCartney



### Getting ready for the start of a race

As we go to press several of our members are preparing for the races organised by WOBYC during Oulton Week.

## Visiting Access 303



ON TUESDAY 17th August we had a visit from an owner of a privately owned Access 303 named *Ann's Joy* after her owner Ann from the North Norfolk Broads area.

Ann came for a sail with us about two years ago, liked the Access 303 and bought one for her own use. We were pleased to see Ann again when she towed the dinghy to Oulton Broad using a motor launch.

At Rutland Water several dinghies are privately owned but participate in Sailability events.

We sail most Wednesdays from April to October. Come and see us at the Waveney & Oulton Broad Yacht Club, Nicholas Everitt Park, Oulton Broad, Lowestoft. Details from our booking secretary Sally Green, 01502 566533

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An edition of this newsletter can be sponsored and sponsors will have an opportunity to promote their business via a small advert that is approved by the editor. Contact 01502 564658.

## An over view of our finances in 2009

### Income

NHS Small grants fund	5,000
Local Rotary Clubs	5,200
Subscriptions	5,119
Donations	4,688
Sale of donated Squib	1,850
Interest received	27
The Henry Smith Charity	2,500
Royal Norfolk & Suffolk Yacht Club	1,000
Boathouse Appeal	750
Sale of merchandise	778
Income from social activities	2,040
<b>Total income</b>	<b>£28,952</b>

### Less Expenditure

#### Revenue:

Costs of generating voluntary income	2,104
Charitable activities	16,428
Governance costs	633
<b>Total revenue costs</b>	<b>£19,165</b>

### Capital

Boathouse - final costs of building.	3,061
Boats and gear purchased	7,013
Equipment purchased	360
<b>Total capital additions</b>	<b>£10,434</b>

### Total revenue and capital expenditure

**£29,599**

Although our costs exceeded the income received during the year we completed 2009 with good reserves. Our costs included depreciation of fixed assets which does not involve any actual reduction in cash. However our assets and in particular some of the Access dinghies have now been in use for 5 years and will in due course need to be replaced. The grant from the NHS will cease in 2010 and is unlikely to be available in the future. Our business plan indicates that within 5 years our income may not cover our annual running costs. Accordingly we could need to use our reserves to met costs.

## Merchandise available



Our polo shirts have been very popular and are available in various sizes. Sally Green our booking secretary can supply your size but if we don't have one in stock our local supplier will soon produce a new supply.

The current cost is £12

### **DVD- The Right to Sail**

We still have a few copies of the DVD that was produced for us by Alan O'Neill and former Anglia TV presenter Clare Weller if you have not purchased a copy they are on special offer at only £3.



These attractive sweat shirts have been very popular and are available from stock or if your size is not available we will place an order with our local supplier - Cost £15



These special limited edition mugs designed and produced for us by Lowestoft Porcelain are available individually boxed for £7.

If you would like a photograph of our sailing activities or a copy of any of the photographs that have been used in Newsability please ask, we can supply all sizes at reasonable prices.